

MANAGING YOUR COUGH

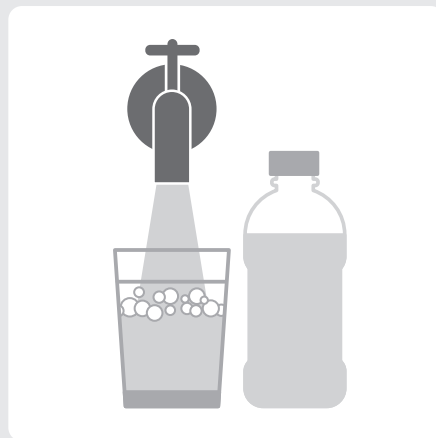
LOOK AT THE COLOUR OF WHAT YOU COUGH UP



→ Go to the clinic

→ Go to the clinic

TO HELP YOUR COUGH



Drink plenty of water



Walk every day



Have your medications

